

CRAIG'S HEARTSTRONG FOUNDATION

WORKING AT THE



OF MANX SPORT

Craig's Heartstrong Foundation is an established Manx charity which was originally set up by the Lunt family in memory of their 25 year old son, Craig, a well-respected, talented and popular young Manx footballer who tragically died in April 2005. His death was due to a previously undiagnosed heart defect.

Craig's condition was what is known as Long QT syndrome. Long QT syndrome is a disorder of the electrical system of the heart and one of a range of conditions that cause unexplained sudden death in a young person.



The focus of Craig's Heartstrong Foundation is to raise the necessary funding to enable heart screening of men and women between the ages of 14 and 35 in the Isle of Man in order to detect any possible symptoms of Hypertrophic and Dilated Cardiomyopathy and thus help prevent Sudden Death Syndrome (SDS). By providing this vital screening service, we are then able to monitor and provide support to treat accordingly, any of these detectable heart defects to provide a healthy future for the island.

Craig's Heartstrong Foundation have teamed up with the UK charity CRY (Cardiac Risk in the Young) in order to bring the island the relevant equipment and qualified staff to enable us to hold heart screening events.



The foundation continues to organise various fundraising events and are very grateful for fundraising received from local businesses and the community. By giving wholehearted support to this worthwhile charity, we can look forward to a fit and healthy future for our community; to help ensure such a tragedy as Craig's may never be repeated.

To make a donation and/or purchase any of the charity merchandise please visit our website at www.craigshheartstrongfoundation.co.uk or call 07624 401761.

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